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Heart Rate Variability Biofeedback: **Principles And Practice**

15 APA CE's approved

This two-day conference is designed for clinical and optimal performance professionals. You will receive a practical review of HRV instrumentation, metrics and norms, assessment, and training strategies. You will learn through compelling case studies and demonstrations of resonance frequency assessment and HRV biofeedback training.

Bringing Neurofeedback into Your Clinic: A **Practical Introduction**

7 BCIA CE's approved

This 1-day pre-conference is the opportunity for health professionals and researchers to get an introduction to several forms of neurofeedback. Organized with a novice user's perspective in mind, it will include live examples and provide a practical foundation for performing neurofeedback.

Register online at **msbmb.com**

