

MSBMB 2016 Conference

Mindfulness:

Science, Technologies
& Practical Applications

When: November 12 & 13, 2016

Where: Grand Rapids, MI

Speakers Include:

Erik Peper, Ph.D.

Dave Siever C.E.T.

Eric Willmarth Ph.D.

Jon Bale B.Sc., BCN-T

Tom Collura, Ph.D., MSMHC

Rob Reiner Ph.D., BCN, BCB

Linda Walker MHR, LPC, BCIA-EEG

APA Approved

CE Credits have been applied for

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MSBMB

MIDWEST SOCIETY FOR BEHAVIORAL
MEDICINE AND BIOFEEDBACK

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Target Audience: All mental health professionals

Learning Objectives:

- Core concepts in the definitions of Mindfulness from perspectives of psychological states, and neuro-physical states of consciousness, and the involvement of Mindfulness practices in the areas of chronic disorders of self-regulation (including depression, anxiety, ADHD, insomnia, fatigue, chronic pain)
- Discuss the history and functions of biofeedback and neurofeedback as it pertains to Mindfulness.
- Discuss new developments in the use of real-time QEEG in the measurement and monitoring of emotional and cognitive states.
- Discuss advances in the use of stimulation technologies including pulsed electromagnet, micro-current tACS/tDCS, & Audio-visual stimulation on states of mindfulness/cognitive functioning, and for the treatment of psychological conditions/behavioral health.
- Discuss the integration of multiple treatment modalities, including Hypnosis, Biofeedback, Neurofeedback, and Neuro-stimulation techniques into the treatment of chronic pain.
- Discuss specific technologies which are available within the fields of biofeedback, neuro-feedback and neuro-stimulation for the treatment of common disorders, including pain, depression, anxiety, insomnia, myofascial dysfunction, and disorders of self-regulation.
- Attendees will be able to state therapeutic objectives of at least psychophysiological interventions detailed during the conference.
- Attendees will be able to describe the evidence base for at least three behavioral medicine or biofeedback approaches presented during the conference.
- Attendees will be able to describe how to implement at least one behavioral medicine or biofeedback intervention presented during the conference.

Fees

Annual Conference Registration and 2017 Membership

1 Day - \$225.00
2 Day - \$275.00

Corporate Sponsorship
\$295.00

Membership

Student - \$10.00
Standard - \$35.00

**Nov 11 Pre-conference Workshop
Intro to Biofeedback Peripherals**
\$100.00

Lunch & Breaks Provided

MSBMB is committed to accessibility and non-discrimination in its continuing education activities. MSBMB is also committed to conducting all activities in conformity with the American Psychological Association's Ethical Principles for Psychologists. Participants are asked to be aware of the need for privacy and confidentiality throughout the program. If program content becomes stressful, participants are encouraged to process these feelings during discussion periods. If participants have special needs, we will attempt to accommodate them. Please address questions, concerns and any complaints to:

Brian Milstead | (586)756-5070 | brian@bio-medical.com

Refund Policy: Cancellations received in the MSBMB office by Oct,13, 2016 will be refunded minus a \$50 processing fee. Cancellations must be made in writing and faxed to 586-756-9891 or emailed to jay@bio-medical.com . Fees cannot be refunded for registrations cancelled after the conference begins.

Commercial Interest Disclosure:

David Siever
Commercial Interest: Mind Alive Inc.
Nature of the Relationship: Owner

Nicholas J. Dogris
Commercial Interest: Neurofield Inc.
Nature of the Relationship: CEO, Co-Founder

Thomas Collura
Commercial Interest: Brainmaster technologies Inc.
Nature of the Relationship: Owner, Employee

John Bale
Commercial Interest: Thought Technology
Nature of the Relationship: Employee

Brian Milstead
Commercial Interest: Bio-medical Instruments
Nature of the Relationship: Owner, Employee

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